

SEAN MILLINGTON

Five-time CFL All-Star, entrepreneur, actor and pianist, TD Waterhouse Investment Advisor Sean Millington, may be the most diverse individual in the business.

Sean's career began at Simon Fraser University where he played football and graduated with a degree in economics. His love of finance and business was put on hold while he pursued an opportunity to play football at a professional level in the CFL.

Millington's signing with the Lions represented a homecoming of sorts, as Sean spent his first eight CFL seasons with the BC Lions prior to stops in Winnipeg and Edmonton for the 1998 and 1999 seasons. He returned to BC for the remainder of his career from 2000-2002. Of the five Grey Cups the BC Lions have won Sean has been an integral part of two. One in 1994 and the second in 2000 in which he was named Canadian Player of the game.

Sean's most successful season took place in 1997, Millington finished fourth in league rushing, led the BC Lions in special team tackles and was the recipient of the CFL's Most Outstanding Canadian Award. The 1997 season confirmed Sean's status as the league's dominant fullback as he posted career numbers in rushing yardage and total yards gained. The highlight to the season, occurred on August 15, 1997 in Regina, Saskatchewan, where Millington established a new BC Lions franchise record for rushing yardage, as he gained 212 yards on 26 carries to become the CFL's Offensive Player of the Week.

Millington was able to continue his record-setting ways during the 1999 season, ironically against the same Saskatchewan Roughriders. In a late October game at Edmonton's Commonwealth Stadium, Sean ran for 225yds and 3 touchdowns to break Normie Kwong's 46-year-old Eskimos' record. Sean is the only player to have held single game rushing records for two teams; his BC rushing record finally falling in 2009.

In 1992, Millington opened Level 5, a nightclub in Downtown Vancouver and in 1995 moved from that venture to, a video game store, which he also sold when he moved to Winnipeg to play. This entrepreneurial spirit has been recognized by the media, which has printed several articles on the drive and dedication of this athlete/businessman.

Sean has also been actively developing his acting career. In the past, Sean has appeared in several Fox Studio television series, most notably the "X-Files", "The Outer Limits" and "Star Gate". In addition he has made a feature film appearance in the Ice Cube feature "Are We There Yet". The pace is demanding and sometimes hectic but Millington still finds ways to relax, while at home it is not unusual to find Sean playing the piano. His favorite music to play? Classical, of course.

Now as an investment advisor with TD Waterhouse Private Investment Advice Sean finally has the opportunity to return to his first love and put his passion for finance and proven discipline to work for his clients.